

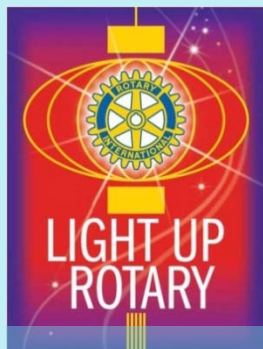


Rotary Club of Citrus Heights

www.chrotary.org

Service Above Self

September 17, 2014



Administration & Scholarship

John Blonskij

Public Relations

Alex Turcotte

Membership

Diane Riehle

Vocational Service

Mark Cimino

Club Service

Rich Hale

Community Service

Jeff Slowey

International Service

Joe Gillis

Youth Service

Charlie McCommish

Incoming RYE Counselor & Catering

Debbie Scott

Outgoing RYE Counselor

Lucia Hernandez

Greeter

Vincent Jenkins

FOUNDED 1964

R.I. President

Gary C.K. Huang

District Governor

Fred Teichert

Assistant Governor

Area 8

Fred Rowe

CLUB ID 522

Club President

Jessica Mang

President-Elect

Web Master/Bulletin Editor

Gail Moxley

Treasurer

Christi Woodard's

R.I. DISTRICT 5180

Secretary

Bulletin Editor

Laura Powell

Club Foundation

Justin Whitsell

R.I. Foundation

Bob Churchill

A WORD FROM OUR PRESIDENT



Humility turns our energies toward others good. We start to forget our own needs. We start thinking about ways we could serve or bless other people. So many people ask for time each week because there is so much need and WE are the "go to" place for people in crisis. Doesn't that make you walk a little taller and maybe a little humble that we are so blessed with health, wealth, fellowship, and strength?

We are able to do so much because of the level of participation and support we give our fundraisers. So the next time someone asks you to sell tickets or volunteer to serve on a committee, remember how much good we accomplish in our community and raise your hand with a smile.



President
Jessica Mang

THE FOUR-WAY TEST

Of the things we think, say or do



1. Is it the TRUTH?
2. Is it FAIR to all concerned?
3. Will it build GOODWILL & BETTER FRIENDSHIPS?
4. Will it be BENEFICIAL to all concerned?

Rotary Club of Citrus Heights

SPEAKER OF THE WEEK



Debbie Milios, Director of Operations at BloodSource, California's second largest not-for-profit blood center and fellow Rotarian.

Blood Source started in 1948 and has been at its present location in Rancho Cordova since 2008. They seek compatible donors to give blood products and they also help match blood marrow donors to those who are in need. Debbie said they need 750 donors to walk through their doors every day in order to meet the need, and 13 tests are performed on every unit of blood donated. The safety of the blood supply is paramount! Plasma can also be isolated and used to go into life-saving medicines (for example, those needed by hemophiliacs). Whole blood can be donated every 8 weeks and has a 42 day shelf life. Platelets, on the other hand, can be donated every 5 days, but it also has a shelf life of 5 days.

Blood Source does a lot of international work, as well. Doctors travel to Africa to teach best blood bank practices. They have also built three wells in Sudan and donated mosquito netting to reduce malaria. They also do local work projects, such as the Great American River Cleanup.

Debbie discussed the District 5180 Blood Drive Challenge going from April 28, 2014, to April 17, 2015. Rotarians, family, and friends tell the Blood Source folks that they are with Citrus Heights Rotary, and the club will get 1 Rotary Point for a donation of whole blood and 2 Rotary points for an Automated donation (platelets, plasma, etc).



Debbie noted that she has needed blood transfusions herself in the past, and she shared the touching story of her daughter's fight for life, including multiple transfusions, after giving birth. Luckily, it ended well, and Debbie is expecting another grandchild in February.



Quote For The Day

Life is made up not of great sacrifices or duties, but of little things, in which smiles and kindness and small obligations, given habitually, are what win and preserve the heart.

Sir Humphrey Davy

OBJECT OF ROTARY

- **FIRST**-The development of acquaintance as an opportunity for service.
- **SECOND**-High ethical standards in business and professions; the recognition of the worthiness of all useful occupations; and the dignifying of each Rotarian's occupation as an opportunity to serve society.
- **THIRD**-The application of the ideal of service in each Rotarian's personal, business, and community life.
- **FOURTH**-The advancement of international understanding, goodwill, and peace through a world fellowship of business and professional persons united in the ideal of service.

UPCOMING MEETINGS/EVENTS

- September 24, 2014 Meeting Fellowship
- October 1, 2014 Meeting
- October 8, 2014 Meeting
- October 15, 2014 Meeting
- October 21, 2014 Board Meeting
- October 22, 2014 No Lunch Meeting – 4:45pm Mystery Dinner Instead
- October 29, 2014 Meeting
- November 5, 2014 Meeting
- November 12, 2014 Meeting
- November 14, 2014 BBQ & Brews
- November 19, 2014 Meeting

To Register-[Click Here](#)

Rotary Club of Citrus Heights

WEEKLY REPORT

- Visiting Rotarians: Barbara Tracy, South Sacramento Club and District Governor Nominee, Debbie Milios of Blood Source
- Guests: Susan Baker of El Tapatio restaurant, Debie Trotti of Citrus Heights Elementary, Steve Barrett, Marsha Robinson,
- Foundation Minute: **Justin Whitsell** announced that 6 mini-grant applications were approved, and more about some of them will be announced later in the meeting.
- **Ray Riehle** is not here for the Membership Minute, and **Bob Churchill** has nothing to report at this time for the Rotary International Foundation.
- Vocational Minute: **Bob Adams** is a retired CPA, but he is a volunteer for the Sacramento Golf Council. He also works with Saving Strokes, where people who have had a stroke or brain injury can get rehabilitative services through playing golf. There is a Salute to Veterans event at the Sacramento VA Medical Center (10535 Hospital Way, Mather, CA) this Saturday from 11am-3pm.
[CLICK HERE FOR MORE INFORMATION](#)



- **Debie Trotti** of Citrus Heights Elementary announced a community forum that is happening Sept 24th at 6:30 pm at Sylvan Middle School. Citrus Heights Elementary has been identified as a location possibly being closed to allow Sylvan MS to relocate there. **Debie**, as an alum, parent, and employee, wants to keep Citrus Heights Elementary the way it is.

BIRTHDAYS & ANNIVERSARIES

Birthdays

Alex Turcotte 9/16

Rotary

Anniversaries

Doyle Phelan 29yrs

Alex Turcotte 1yr

Debbie Scott 2 yrs

Guillermo Vergara 1 yr

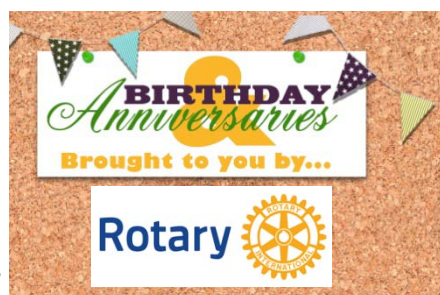
Mark Cimino 15yrs

Anniversaries

Guillermo & Judith Vergara 9/3

Debbie & Allen Scott 9/15

Mel & Connie Turner 9/24



project will also fulfill the Literacy requirement for our club.

- **President Jessica Mang** asked if someone wants to chair the Christmas Party. **Debbie Scott** bravely raised her hand.



Rotary Club of Citrus Heights

EVERY
ROTARIAN
EVERY
YEAR
EREY

Annual Fund and SHARE

Your gift to the Annual Fund helps Rotary clubs take action today to create positive change in communities at home and around the world. Your contributions help us strengthen peace efforts, provide clean water and sanitation, support education, grow local economies, save mothers and children, and fight disease.

The [Every Rotarian Every Year](#) initiative asks every Rotarian to support The Rotary Foundation every year. In addition to contributing to the Annual Fund on a regular basis, members are encouraged to get involved in a Foundation project or program.

[CLICK HERE TO GIVE NOW](#)

Donor recognition

All Annual Fund contributions count toward the following [recognition opportunities](#):

- Every Rotarian Every Year
- Rotary Foundation Sustaining Member
- Paul Harris Fellow
- [Paul Harris Society](#)
- Major Donor
- Arch C. Klumph Society

Need to Make-Up a Meeting-[CLICK HERE](#)

District 5180 Website-[CLICK HERE](#)

Rotary International Website-[CLICK HERE](#)

www.chrotary.org

NEXT WEEK'S SPEAKER



Henry Tingle, Citrus Heights City Manager and city staff will discuss the revised proposal for the new city hall.



ROTARIAN PROFILE



Rotarian: Steve Bruce

Spouse: Julie Bruce

Children: Ryan & Jamie

Pets: Lab named Bentley

What do you like best about

being a Rotarian? The lives that we change both locally and internationally with our good work.

Who invited you to join rotary? Jeannie Bruins



If you could do only do one thing to change the world, what would it be? Stop wars between countries

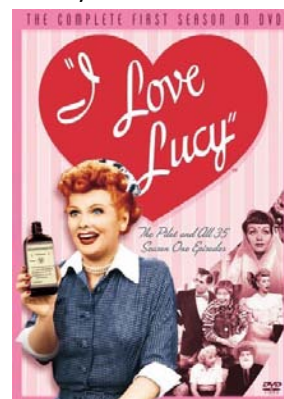
Favorite TV Show? I Love Lucy

Favorite Movie? Bruce does not like movies (WHAT???)

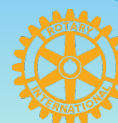
First Job? Janitor at a cleaners

Business: Owner/Partner Atlas Disposal

[CLICK HERE FOR MORE INFORMATION.](#)



Rotary



Rotary Club of Citrus Heights

OPPORTUNITY DRAWING



Jackpot is \$225

Bob Churchill a black jack but the wrong suit

Mark Duncan 2 of spades



FOOTBALL POOL



Football pool!
Winners include

Steve, a friend of **Jack Duncan**

Joe Gillis, twice

Doyle Phelan's son

Mystery Dinner

MYSTERY DINNER – ARE YOU ATTENDING???

Tina Shaw announced that on **Wednesday, October 22nd**, the club will be dark for lunch because we are having a mystery dinner instead!

Meet at the community center at 4:45 pm, and transportation to and from the mystery location will be provided.

CHRISTMAS PARTY

SAVE THE DATE
FRIDAY
DECEMBER 12TH
STONES CASINO

FINES



Fine Master (Scott Nygard)

- **Scott** asked for someone to be the Joke & Fine Master for next week as he won't be here. I did not see **Carroll Webb's** hand up, but he was graciously given the appointment by **Scott**.
- **Mark Cimino** \$2 for giving blood but not mentioning Rotary for the blood drive challenge

- **Bob Churchill** \$2 for allowing a 12 year old to wear a Citrus Heights Water District work shirt and give the appearance of violating child labor laws.
- **Dean Henricks** \$2 for making a lot of money as a veterinarian but not giving it to Kathy (see **Scott** for the joke).
- **Christi Woodards** \$2 for being a Robert Redford fan
- **No Pin!** Anyone without their pin \$1



WHEEL SPINS

Spin The Wheel



- **Steve Bruce** \$13 is a sponsor at the local air show every year and one of the vendors gives a check to the charity of Steve's choice, so he presented Rotary with a check for \$200.
- **Justin Whitsell** \$14 for two reasons: his cousin is still missing from that storm in Mexico and also for his new motorcycle.
- **Debbie Scott** \$13 for her 30th wedding anniversary and for her Rotary anniversary.



Rotary Club of Citrus Heights



Citrus Heights Rotary Club 37th Annual Golf Tournament: Rich Hale just brought in 4 additional foursomes! Christi Woodards reported that there is a good amount of raffle prizes, and we really need more tee sponsors at \$250 each and volunteers the day of the event. Rich Hale reported that we should reach the 500 mark for the ball drop. The golf tournament is this Friday, September 19, 2014 – 8 AM Shotgun Morgan Creek Golf Club, Roseville, CA [Details](#) 4-Player Scramble Shotgun Start at 8a.m. Lunch/Raffle/Awards at 1:30p.m. [Click HERE](#) for more info.

- **Justin Whitsell** presented **Steve Barrett** with a check for \$1000.00 to help defray expenses incurred while he was caring for his wife and unable to work. **Steve** shared his story and thanked the club profusely and will help with the golf tournament to help show his appreciation.
- There are still some schools that need someone to distribute dictionaries to its 3rd graders. Also, **Bill Van Duker** makes up bookplates to go in the dictionaries. He needs to know the number needed, the name of the principal, and time to make the labels and get them to you.



Any volunteers to help set up for Sunday Fun Day September 28th?



Kathy Henricks and Margie Jones of Inner Wheel have applied for a mini-grant. (Kathy gave this history lesson for those who are newer members: Inner Wheel started 90 years ago in England as a way for women to be involved in Rotary before women were allowed to join Rotary. There are currently over 100,000 members in 103 countries.) Inner Wheel USA Foundation's project is to provide upper extremity myoelectric prosthesis to limb-deficient children.



President Jessica Mang asked if anyone would be willing to be the RYLA Chair, and **Mark Cimino** volunteered to the laughter of those who know that **Mark** already has been doing this a long time. **Mark** reminded everyone that RYLA is close to his heart and that he joined Rotary because he attended RYLA in high school.

Rich Hale reminded us to remember all the good things we are doing in the community with our mini-grants and more every time we are being asked to sell something or donate something.



Rotary Club of Citrus Heights

A Boy and His Bike

No act of kindness, no matter how small, is ever wasted. AESOP

In a suburb of Dallas known as Richardson, a small, bright-eyed gentleman named Jim Hoyt manages his own bike store. The mom-and-pop shop, Richardson Bike Mart, is known throughout the community as a strong sponsor of bike racers, and Hoyt maintains a personal passion to help kids get started in the sport.

Keeping an eye on the street front, Jim noticed a young woman who faithfully took her son to a nearby shop for fresh doughnuts each week. He began talking to the woman, discovered she was a single mom, and instinctively knew she was struggling to get by. Jim took an interest in the small family and decided to give the woman a discount on a bicycle: a Schwinn Mag Scrambler. The mom accepted the offer, and through the kind act of a stranger, seven-year-old Lance Armstrong was introduced to the world of biking. Describing the bike, Armstrong writes, "It was an ugly brown with yellow wheels, but I loved it. Why does any kid love a bike? It's liberation and independence, your first set of wheels."



Armstrong would go on to set an unprecedented record of winning the gruesome tour de France multiple times, and in 1996 he established the Lance Armstrong Foundation, a charity to aid the fight against cancer.

- Norman Rockwell Picture
- Text by Margaret Feinberg

And whatever you do, do it with kindness and love.
THE BOOK OF FIRST CORINTHIANS

